

Angels in Autism LLC

Guidelines for Hourly ABA Habilitation and Respite Care

Habilitation Guidelines

As an agency, our habilitation providers are required to follow specific guidelines set through the Department of Economic Security and the Division of Developmental Disabilities. The Division has set out the following guidelines for Habilitation, Support (ABA):

Service Goals:

- To enable the consumer to acquire knowledge and skills and be a valued member of his/her community based on his/her own choices.
- To provide training to increase or maintain the consumer's self-help, socialization, and adaptive skills to reside and participate successfully with his/her family in his/her own community.
- To assist the consumer in achieving and maintaining a quality of life that promotes the consumer's vision of the future.

Service Objectives:

In accordance with the consumer's ISP process, develop an individualized support plan including:

- Establish individualized, time-limited training objectives that are based on assessment data and input from the consumer and the consumer's representative will allow the consumer to achieve his/her long term vision.
- Develop strategies for habilitative objectives within ten business days after initiating service. The specific training strategy for each objective shall identify the schedule for implementation, frequency of services, data collection methods, and teaching strategies.
- Based upon the presence or absence of measurable progress, make changes to specific training objectives and/or strategies, as agreed upon by ISP team.

As identified in the consumer's ISP plan provide training and/or assistance such as:

- Assistance and training related to persona; and physical needs and routine daily living skills:

- Implementing strategies to address behavioral concerns. Developing behavior intervention programs, and coordinating with behavioral health program to ensure proper review of medication treatment plans;
- Ensuring that health needs of the consumer's primary care physician or medical specialist;
- Implementing all therapeutic recommendations including speech, occupational, and physical therapy and assisting consumers in following special diets, exercise routines, or other therapeutic regimes;
- Mobility training, alternative or adaptive communication training;
- Opportunities for training and /or practice in basic consumer skills such as shopping, banking, money management, access and use of community resources, and community survival skills; and
- Assisting consumers in utilizing community transportation resources to support the consumer in all daily living activities, e.g., day treatment and training, employment situation, medical appointments, visits with family and friends and other community activities, as identified in the consumer's ISP.